



TANTRA WORKSHOPS

Saturday 5th –Wednesday 9th

4.30-6.00 pm in the Disco!



Welcome to the Tantric, Holistic, Erotic Week at Desire. We will provide with 5 days of Tantra workshops included as part of our service, so don't miss out! It will be taught by two San Diego based sexologists, Nick and Sayaka. If you are curious, attend the first day to see if the classes will be a good fit for you. You are welcome to bring our own sensual gadgets such as feathers, leather, hand cuffs, sensual oils, etc to make this experience more DESIREble!

Saturday 5th of September

On the first day, you will learn the basics of Tantra. We will cover why Tantric teaching is relevant to your life, and how it can enhance not only your sexual life, but all of your life. You will learn about Chakras and sexual energy. We will also cover what you can expect for the next 4 days.

Sunday 6th of September

Second day, you will be guided to communicate with your partner in a deep, non-judgmental way. No matter how much you think you know your partner, there is always something more for you to appreciate him/her about. Bring your open minds and hearts: You will be glad you did

Monday 7th of September

Third day, you will learn about sexual energy and breath. You will connect with your lover at a deeper level through breath synchronizing. You will also learn to feel and enhance sexual energy, so you can heighten your sexual experience, as well as to use the sexual energy to connect with all that there is.

Tuesday 8th of September

Fourth day, it becomes more erotic. We will have a food puja (puja is a honoring ceremony). You and your lover will sensually feed each other like never before. Please bring a material for blind fold. Couple's rotation is optional.

Wednesday 9th of September

On the last day, you will discover the Tantric touch. You will touch each other like you have never touched before. By un-learning what you already know about your partner, you are free to make mistakes, and free to explore each other. The end result is more trust and new found erotic touches.

To best enjoy the classes, please be freshly showered and do not wear any fragrances. Deodorants are OK. Clothing s optional. If you prefer being clothed, please wear loose fitting comfortable clothing that are easily washable.

